### **Co-Created with Patients and Families symbol**

BC Mental Health and Substance Use Services is adopting a Co-Created with Patients and Families symbol effective immediately! This symbol represents the inclusion of patient and families in the development of patient and family education resources.

#### Why is BCMHSUS doing this?

Patient engagement is a priority in British Columbia and for the BC Mental Health and Substance Use Services (BCMHSUS). At BCMHSUS, we are committed to listening and learning from patients and families, and partnering with them at all levels of decisionmaking. It is critical that our health education materials are co-created with the people who will read them.

Many of our patients experience cognitive barriers due to mental illness or brain injury, and these must be considered when developing education materials. This symbol will be included on all of our materials that have been co-created or reviewed by patients and families.

# What is a patient and family education resource?

These are resources that provide patients, families, and/or caregivers with health-related information. Some examples of this information could include clinical, discharge, or care planning information.



### CALL TO ACTION

When developing patient and family information resources, ensure that you meet all of the criteria and display the Co-Created by Patient and Families symbol on the front of the resource.



#### What is the criteria?

Provided that the resource successfully meets all of the following criteria, we can use the symbol freely on materials:



Patients and family partners participate in the co-creation; delivery and review of the resources produced.



The disability requirements of participants are accommodated.



Patients and family partners are provided with the necessary support to fully contribute.



All resources are freely accessible, either in print and/or digitally from the internet or via. mobile app.



All resources must be patient-centered, free of jargon and undefined acronyms, and prepared in plain language.

# What is the symbol trying to accomplish?

Using the Co-Created with Patients and Families symbol indicates that patient and family partners were engaged in the creation of the resources and information and that their voices have been included.

For any questions and/or issues please contact: <a href="mailto:engage\_bcmhsus@phsa.ca">engage\_bcmhsus@phsa.ca</a>

