

Ashnola at The Crossing Program Information Package

Who We Are

Ashnola at The Crossing is a provincial, evidence-based, Tier 4 program located just outside of Keremeos, BC. The program supports youth and young adults aged 17-24, who are in need of residential treatment for substance use concerns, and is also able to support youth and young adults with concurrent disorders.

Ashnola is a client-centred program with an average length of stay from 3-6 months based on individualized client goals and treatment plans. The program is operated by Pacific Community Resources Society, and is overseen and funded by BC's Provincial Health Services Authority (PHSA).



Our Approach

The philosophy at Ashnola is positive, strengths-based and client-centred, with a vision of all people thriving in strong, healthy communities. To assist in accomplishing this, the focus of treatment is ultimately on healing and restoration through the development and fostering of healthy relationships, while supporting individuals to identify and build on their own unique strengths, resilience and personal values.

A client at Ashnola can expect staff to be welcoming, accepting and non-judgemental. Ashnola at The Crossing has adopted a trauma-informed practice model which is reflected in all aspects of the program, the staffing model and the overall culture.

The Program

- Individualized counselling
- Group counselling
- Psycho-educational groups
- Recreational therapy
- Skills development groups
- High school completion and continuing education classes
- Relapse prevention
- Indigenous and cultural programming
- Smoking cessation program
- Family program
- Aftercare planning/support



The Team

Ashnola provides an inter-disciplinary and holistic approach to supporting all clients and their individualized treatment goals. The care team includes:

- Clinical Manager
- Clinical Counsellors
- Operations Manager
- Intake & Transition Worker
- Administration
- Psychiatrist
- Addictions Physicians
- Nurse Practitioner
- Registered Nurse
- Social Worker
- Youth Workers
- Recreation Worker
- Read Seal Cook
- Homemaker
- Cultural Worker



How to be Referred to Ashnola at The Crossing

For more information about the program, contact Jen Lowrey at jlowrey@bcmhs.bc.ca.
To download the referral package, please go to www.bcmhsus.ca/programs-at-a-glance