



# BC Mental Health and Substance Use Services provides specialized health care services to individuals across BC with complex needs – including severe and persistent mental health and substance use issues.

## How we serve individuals, families and communities in BC:

We work with regional health authorities, community partners, and government to ensure the delivery of consistent, safe, quality care across the province. We lead knowledge exchange, health promotion and health literacy across the continuum of care.

- ➔ The Burnaby Centre for Mental Health & Addiction is a specialized 94-bed inpatient treatment program for adults with severe and complex concurrent substance use and mental health concerns. A 105-bed purpose-built treatment centre to replace the Burnaby Centre will open on the Riverview lands in late 2019.
- ➔ Correctional Health Services began delivering health care services in provincial correctional centres on October 1, 2017. BC is one of the first provinces in Canada to move responsibility for correctional health services from a judicial to a health ministry, as recommended by the World Health Organization and the College of Family Physicians of Canada.
- ➔ Forensic Psychiatric Services provides court-related forensic psychiatric assessment, treatment and community case management to adults with mental health disorders who are in conflict with the law. The Forensic Psychiatric Hospital is a secure, highly specialized, 190-bed provincial hospital. The six Forensic Regional Clinics provide community-based services to adults, including court ordered assessments, a provincial sex offender program, and specialized treatment. To support the safe reintegration of individuals into the community, there are specialized housing programs in place across the province. The largest is the Community Transitional Care Program in the Lower Mainland.
- ➔ The Heartwood Centre for Women is the only residential treatment program in BC for adult women with complex substance use and mental health issues and significant trauma histories. Located in Vancouver, Heartwood has 28 beds that are accessible to females (including transgendered women) from across the province.
- ➔ Ashnola at The Crossing, located near Keremeos and operated by Pacific Community Resources Society, is a unique 22-bed residential substance use treatment program for youth and young adults who are at a critical stage in their development and life path. The Rehabilitation and Recovery Program, located on the Riverview lands and operated by Coast Mental Health, has 40 beds to support individuals with severe and complex concurrent disorders. Other contracted services include 30 provincial substance use beds to respond to the opioid crisis and the BC Psychosis Program operated by Vancouver Coastal Health.



# 3,608

admissions to BCMHSUS programs overall

# 477

people received specialized substance use treatment services



# 2,804

admissions to Forensic Regional Clinics

# 18,300

individuals expected to receive evidence-based, trauma-informed, culturally-safe health care through Correctional Health Services annually

2016/17

# BCMHSUS leads system-wide improvements through its work in: developing standards and guidelines; health promotion and illness prevention; research and academic teaching; knowledge exchange and translation; and eHealth programs and strategies.

## Response to the Office of the Auditor General Report

BCMHSUS leads the work to bring the regional health authorities and the First Nations Health Authority together to address the ten recommendations in the report on Access to Adult Tertiary Mental Health and Substance Use Services. The report focuses on how BC's health system manages access to the highest level of care available for adults with mental health and/or substance use issues. The response to the recommendations will result in improved services for individuals with the most complex mental health needs.

**BC Partners – Leading Mental Health and Substance Use Health Literacy & Promotion** BC Partners is a coalition of seven non-profit agencies working to help people prevent and manage mental health and substance use problems and live

healthier lives. BCMHSUS leads the coalition and contracts with partner organizations to provide evidence-based health promotion and literacy events, materials and support.

**eHealth** BCMHSUS is leading the development of eHealth services and online tools and resources for adults with complex needs. Bounce Back™, an eHealth service operated by the Canadian Mental Health Association – BC Division and funded by BCMHSUS, provides a structured, short-term mood support program.

**Provincial Crisis Line Network** BCMHSUS supports the work of the Crisis Line Association of BC to enhance access to 24-hour crisis, information, referral and emotional support services across BC.

## Research and Education

BCMHSUS is committed to building capacity for research, knowledge exchange and academic teaching. We work closely with our academic partners to conduct research across all BCMHSUS services. The BC Mental Health and Substance Use Research Institute links research priorities to clinical, health promotion/prevention, and educational/training activities for both BCMHSUS and mental health and substance use services at BC Children's Hospital.

BCMHSUS researchers developed the Short Term Assessment of Risk and Treatability (START) that makes it easier for

physicians, nurses and other care staff to assess patients for their risk of violent behaviour towards themselves and others. The START has been incorporated into clinical practice and research programs in 15 countries and is one of the most useful violence risk assessment tools in the world.

BCMHSUS supports student placements and internships in many clinical programs including: medicine, nursing, social work, pharmacy, psychology, recreation therapy, vocational rehabilitation, drug and alcohol counselling, and clinical nutrition.

**\$2.8M**

in security upgrades under way for the Forensic Psychiatric Hospital



2016/17

**\$101M**

committed for the centre for mental health and addiction redevelopment project on the Riverview lands



## BCMHSUS Administration

4949 Heather St.  
Vancouver, BC V5C 3L7

- [www.bcmhsus.ca](http://www.bcmhsus.ca)
- [www.phsa.ca](http://www.phsa.ca)

Forensic Psychiatric Hospital: 604 524-7700  
Burnaby Centre for Mental Health and Addiction: 604 675-3950  
Heartwood Centre for Women: 604 875-2004  
[bcmhsusinfo@phsa.ca](mailto:bcmhsusinfo@phsa.ca)



**BC MENTAL HEALTH  
& SUBSTANCE USE SERVICES**

An agency of the Provincial Health Services Authority